

# Fifth International Advanced Clinical Psychopharmacology Course

From symptom relief to meaningful  
recovery in depression and schizophrenia

Florence, Italy  
2-4 March, 2027

Course Director  
Prof. Andrea Fagiolini

Endorsed by



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# PROGRAM



# Fifth International Advanced Clinical Psychopharmacology Course

## Tuesday, 2 March: Depression: precision, cognition and functional recovery

### Session 1 Chair: *A. Fagiolini, G. Maina*

- 13:00–14:00 Welcome and networking lunch
- 14:00–14:20 Opening remarks and learning objectives – *A. Fagiolini*
- 14:20–15:00 Biomarkers and clinical phenotyping in major depressive disorder: what is ready for practice in 2027?  
*E. Seifritz*
- 15:00–15:15 Discussion
- 15:15–15:55 Antidepressant Pharmacokinetics and Pharmacodynamics: from basic pharmacology to everyday practice – *A. Fagiolini*
- 15:55–16:15 Depression in patients with cardiovascular illness: balancing efficacy, tolerability and recovery goals – *A. Cuomo*
- 16:15–16:45 Coffee Break

### Session 2 Chair: *A. Cuomo*

- 16:45–17:25 Beyond symptom reduction in major depressive disorder: cognition, anhedonia, emotional blunting and functional recovery – *A. Fagiolini*
- 17:25–18:10 Interactive Discussion – *A. Fagiolini, A. Cuomo*
- 18:10–18:30 Key takeaways and close of Day 1

## Wednesday, 3 March: Depression across comorbidity, life stages and real-world complexity

### Session 3 Chair: *A. Cuomo, G. Rosso*

- 09:00–09:20 Day 1 recap and clinical questions
- 09:20–10:00 Managing Anxiety in patients with Depression: from shared mechanisms to personalised treatment  
*S. Kasper*
- 10:00–10:15 Discussion
- 10:15–10:55 Treating depression in patients with neurological disorders – *G. Maina*
- 10:55–11:10 Discussion
- 11:10–11:40 Coffee Break
- 11:40–12:20 Depression and eating disorders: shared dimensions, clinical risks and integrated care – *V. Ricca*
- 12:20–12:35 Discussion
- 12:35–13:00 Treating depression during pregnancy and lactation – *G. Rosso*
- 13:00–14:00 Lunch

## Wednesday, 3 March: Depression across comorbidity, life stages and real-world complexity

### Session 4 Chair: *A. Cuomo*

- 14:00–16:15 Clinical appraisal laboratory: four depression cases and treatment-pathway design\*  
Tutors: *A. Fagiolini, G. Maina, A. Cuomo, G. Rosso*
- 16:15–16:45 Coffee Break
- 16:45–17:45 Plenary presentation of the cases and pathways and faculty feedback
- 17:45–18:15 Consensus points, unresolved questions and close of Day 2

\* - Case laboratory  
- Five clinical pathways

- 1) MDD with prominent cognitive symptoms and impaired functioning
- 2) MDD with anhedonia and/or emotional blunting after partial response
- 3) MDD with anxiety comorbidity and sleep disturbance
- 4) MDD with neurological or cardiovascular comorbidity

## Thursday, 4 March: Schizophrenia: continuity of care and longer treatment horizons

### Session 5 Chair: *A. Fagiolini*

- 09:00–09:20 Day 2 Recap and Introduction
- 09:20–10:05 Schizophrenia treatment in 2027 and beyond: emerging mechanisms, sequencing and personalised care – *C. Correll*
- 10:05–10:20 Discussion
- 10:20–11:05 Extended-interval aripiprazole LAI in international practice: from clinical research to clinical practice – *A. Fagiolini*
- 11:05–11:20 Discussion
- 11:20–11:50 Coffee Break
- 11:50–12:10 Clinical appraisal laboratory: three schizophrenia cases and treatment-pathway design\* – Tutor: *A. Cuomo*
- 12:10–12:50 Plenary presentation of the cases and pathways and faculty feedback – *A. Cuomo, A. Fagiolini*
- 12:50–13:10 Final discussion, course conclusions and adjournment
- 13:10 Certificates delivery and light lunch

\*Scientific focus for discussion

- Recovery-oriented outcomes in Schizophrenia
- LAI selection, stabilisation, treatment transitions and extended dosing intervals
- Partial agonists Long Acting Antipsychotics every two months (where locally authorized) or every 1 month

**REGULATORY NOTE** This program is intended for the education of healthcare professionals. Discussion of medicines, formulations, or dosing schedules must adhere to the locally approved product information. Please note that availability and authorized indications may differ between countries. The clinical cases are virtual for didactic purposes only.

**Course venue**

**FH55 Grand Hotel Mediterraneo**

Lungarno del Tempio 44 - Firenze, Italy

**Course Director**

**Prof. Andrea Fagiolini**

**Faculty**

**Christoph Correll** (Berlin/New York)

**Alessandro Cuomo** (Siena)

**Andrea Fagiolini** (Siena)

**Siegfried Kasper** (Wien)

**Giuseppe Maina** (Torino)

**Valdo Ricca** (Firenze)

**Gianluca Rosso** (Torino)

**Erich Seifritz** (Zürich)

**Scientific and Organizing Secretariat**



The Conference will be accredited by:

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